PROCESS ROADMAP

YOUR GUIDE AND ROADMAP TO A THIN WITHIN LIFE

STEP ONE:

01. PLAN FOR FREEDOM: THE KEYS TO CONSCIOUS EATING

- Build a Thin Within Life Handbook and Portal
- Thin Within Workbook #1 Discovering God's Master Plan
- Thin Within
- 30-Day JumpStart Email Training
- Thin Within App (Coming Soon)

STEP THREE:

03. IMPLEMENT GET ACCOUNTABLE

- Group Coaching and Online Classes
- Thin Within Inner Circle
- VIP One on One TW Coaching

STEP FIVE:

05. TWO SIDES OF FREEDOM

- In 2022, we will be creating and implementing classes, courses, and experiences that will teach participants about "graduating" into Phase 2 of their Thin Within journeys, taking the freedom we enjoy to an entirely new level!

STEP TWO:

02. STRATEGIZE TO THINK DIFFERENTLY

- Think Thin Within
- Fresh Wind Fresh Desire Workbook
- Mind Renewal Toolbox

STEP FOUR:

04. PROBLEM SOLVING FOR REAL LIFE

- Group Coaching and Online Classes
- Thin Within Inner Circle
- VIP One on One TW Coaching

thin within
.org